

# The Lion's Roar

McAvinnue's Community Newsletter: Week Of October 24th

## McAvinnue's Principal's Message

Hello McAvinnue Community!

I hope that everyone is relaxing this weekend...and enjoying the great weather we are having on Saturday! It is so crazy how things can change so quickly with the New England seasons. It was in the mid 50's this week and now it's in the 70's! I have reminded the students to dress in layers each day with a light jacket or sweatshirt. This will ensure they are fully prepared to adjust with the changing temperatures. Please make sure that your child is fully prepared to be as comfortable as possible during the school day.



It was a busy week at McAvinnue! Our Kindergarten students really had a great time at Parlee Farms in Tyngsboro on Thursday. Our students had a chance to pick a pumpkin and check out some of the animals on the farm! Check out the pictures below! We will have more opportunities for other grade levels to head out on field trips throughout this school year.

As everyone is aware, we will host McAvinnue's "Trunk Or Treat" Celebration on Thursday, October 27th at 5:00 PM - 6:30 PM at St. Rita's Church across for our school. You can find out all of the details below. We are still accepting candy donations for this event....details for donations can also be found below. At this time, it looks like the weather looks to be on the mild side on Thursday. We will keep everyone posted if things change for the worse as the week goes on.

We sent home the first progress report for your child this past week. As you know, the goal of this progress report is to briefly review how things are going for your students after the first few months of school. Please keep in mind that we will be hosting Parent /Teacher Conferences in December which will be an opportunity to formally review how your child is progressing in each content area.

As we continue move through the last week of October and look out for November, there are several items that you need to be aware of. Please mark your calendars for the following events and activities at McAvinnue:

Here are a few items that you need to be aware of. Please mark your calendars for the following events and activities at McAvinnue for the few weeks:

- **Monday, October 24th - McAvinnue Opens @ 9:10 AM**
- **Monday, October 24th - Picture Day At McAvinnue**
- **Thursday, October 27th - McAvinnue's "Trunk Or Treat" Family Night @ 5:00 PM - 6:30 PM**
- **Friday, October 28th - McAvinnue's "Lion's Pride" Core Value All School Meeting @ 9:30 AM - 10:15 AM**

You will find additional details for the events and activities list above in this edition of McAvinnue's "Lion's Roar" Community Newsletter.

As usual, we are looking forward to another amazing week at the "best school that we all know"!

If you have any questions, please don't hesitate to contact the Main Office at McAvinnue or send Mr. Domina a message a [mdomina@lowell.k12.ma.us](mailto:mdomina@lowell.k12.ma.us).

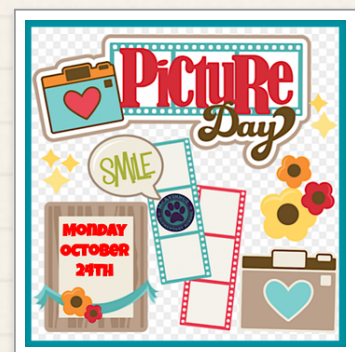
## **KINDERGARTEN FIELD TRIP**

### **PARLEE FARMS**



## McAvinnue's Picture Day – Monday, October 24th

We host McAvinnue's "Picture Day" on Monday, October 24th. The picture order forms were sent home with your child this past week. If you are interested in purchasing a picture package, please complete the order form and submit payment on Monday.

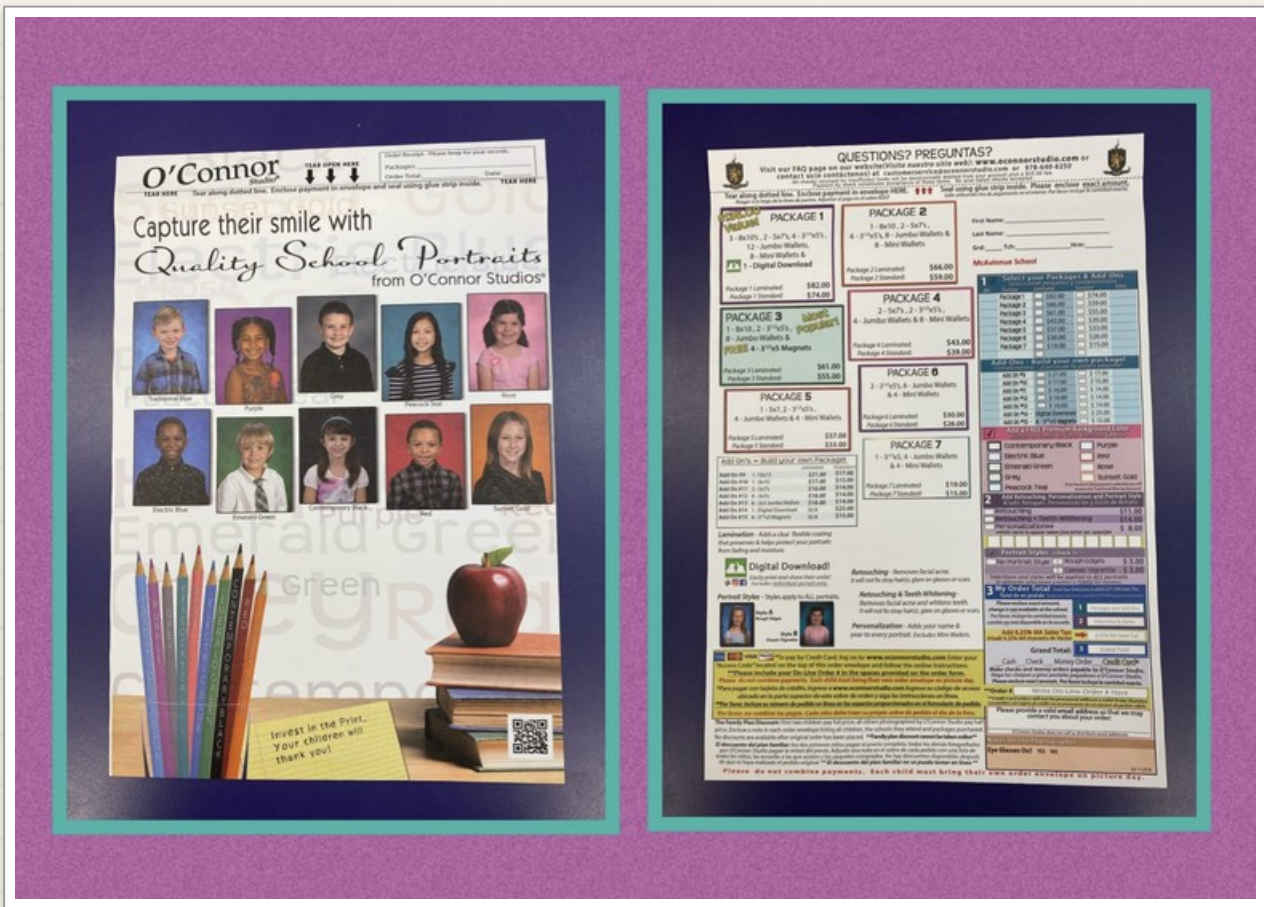


If you need an extra order form, please stop by the Main Office at McAvinnue on Monday and we will be happy to pass along an order form.

Please keep in mind that all students will have their picture taken regardless of whether you are planning to purchase a picture package. We need to do this so that we have a picture of

every child at McAvinnue for our child's student profile on our Aspen records system.

If you have any questions, please reach out to the Main Office for support.



**CANDY DONATIONS STILL NEEDED!**



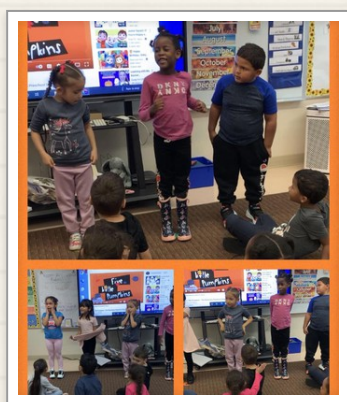
We still are gladly accepting candy donations for McAvinnue's "Trunk Or Treat" family Celebration!

Please feel free to drop off a bag of candy to the Main Office at McAvinnue anytime during school hours. Also, you can have your child bring a bag of candy with them to school...and they can drop it off at the Main Office when they arrive to the school building.

We will accept donations all the way up to the big event on Thursday, October 27th!

Thank you in advance for your support with this!

## MCAVINNUE'S WEEK IN REVIEW



### "Fun News In Room 207"!

Kindergarten students worked hard on Five Little Pumpkins this past week. They read the poem, did an art project, and acted the story out. Our classmates were so proud of each other as they acted out each pumpkin, and we all got to participate in the telling of the story and acting as the wind! They really enjoyed bringing their story to life and testing their acting skills!



### "Good ST Math News"

In Room 309, Vasili is the first student at McAvinnue that reached 100% progress by completing all of the Grade 4 puzzles and journey objectives! He is the first student to complete this amazing accomplishment!



Mrs. M-C. & Miss Mizia

### "Reading Buddies Fun"!

We love the positive mentoring relationship our older students have with our younger students! Check out the "reading buddies" partnership between Grade 3 students in Room 304 and Kindergarten students in Room 207!



## “Good News In STEAM Studio”!

Students in Grade 4 learned about George Ferris, the engineer who designed the Ferris Wheel. They then followed the steps of the “Engineering Design Process (EDP)” to design a Ferris Wheel that could be supported off the ground and spin on an axel. They were only given paper wheels, straws, and tape! All groups worked cooperatively and were successful!



## “Good News In Room 204”!

During Science, Grade 1 students are learning about the moon and stars. They made the Big Dipper with a cup and flashlight. Really cool!



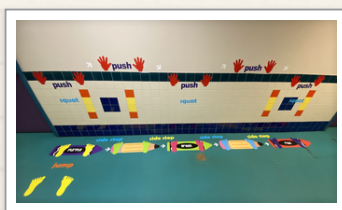
## “Fun News In STEAM Studio”!

Grade 3 students worked as engineers, artists, and mathematicians to design a house for the mouse in “If You Give a Mouse a Cookie”. They carefully measured to follow design constraints, were creative when designing the floor plan, folded, taped and glued, and calculated the area of each room once the house was complete! Phew!! Amazing work by all!!!



## "More Cool News From STEAM Studio!"

Students in Grade 1 have been studying the sun, moon, and stars. They extended their learning in Steam Studio by learning about the Apollo 11 mission and the first moon landing. First, they built rockets and a lunar module the following week! Great work by all!



## "New Sensory Hallway"

We have a new "Sensory Hallway" on the 1st floor at McAvinue! This new area that allows our students to get their bodies and minds working together as one in an improved way! Our faculty will be reviewing how to use this new area and students will have a chance to practice the skills needed to make the best use of this new method that supports increased body regulation and preparing the mind to engage in productive work.

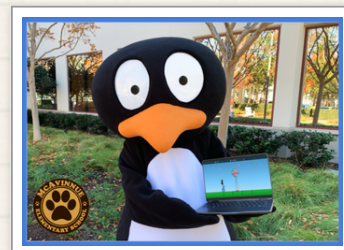


## "McAvinnue's Artist Of The Week"

McAvinnue's "Artist of the Week" is Charlotte in Room 104! Charlotte did an amazing job with craftsmanship, overlapping, filling the paper with creative ideas, AND using McAvinnue's school colors, Purple and Teal! Let's Go!!!

## ST MATH WEEKLY UPDATE


This weeks ST Math update is as follows below. Check out the total Number of Puzzles completed by McAvinnue students, the top 5 Classrooms for Average Number of Puzzles Completed per student last week, and the Progress Percentages for each grade level.



Again...Our goal: 20% Progress Completion by the end of October... Due to the ST Math reconfiguration of the progress percentages we heard about on October 14th, accomplishing this goal may take an extra week or two. We will continue to post updates near the end of the week to see where we are!


A BIG Shoutout to all the classrooms that participated in ST Math's STEM Week Challenge! Check out the goals that were set by the classrooms that participated below!

The November ST Math Challenge details will be released soon! Here is a quick teaser for everyone...McAvinnue's ST Math "Turkey Trot" November Challenge!

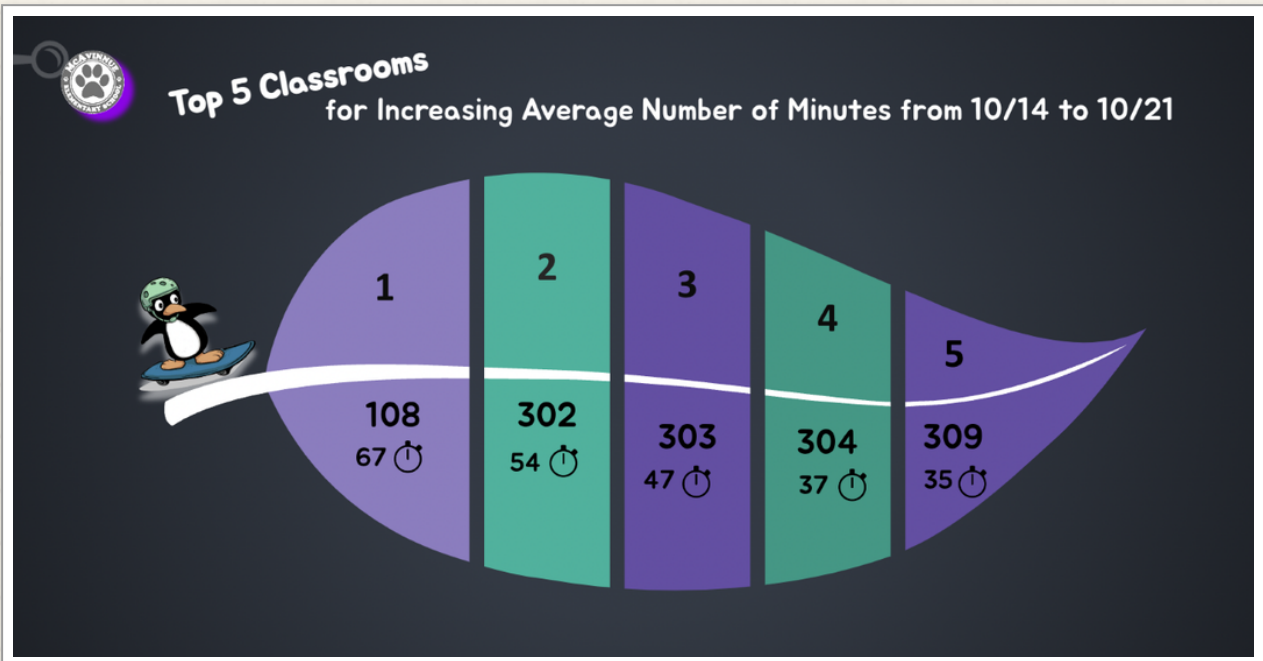


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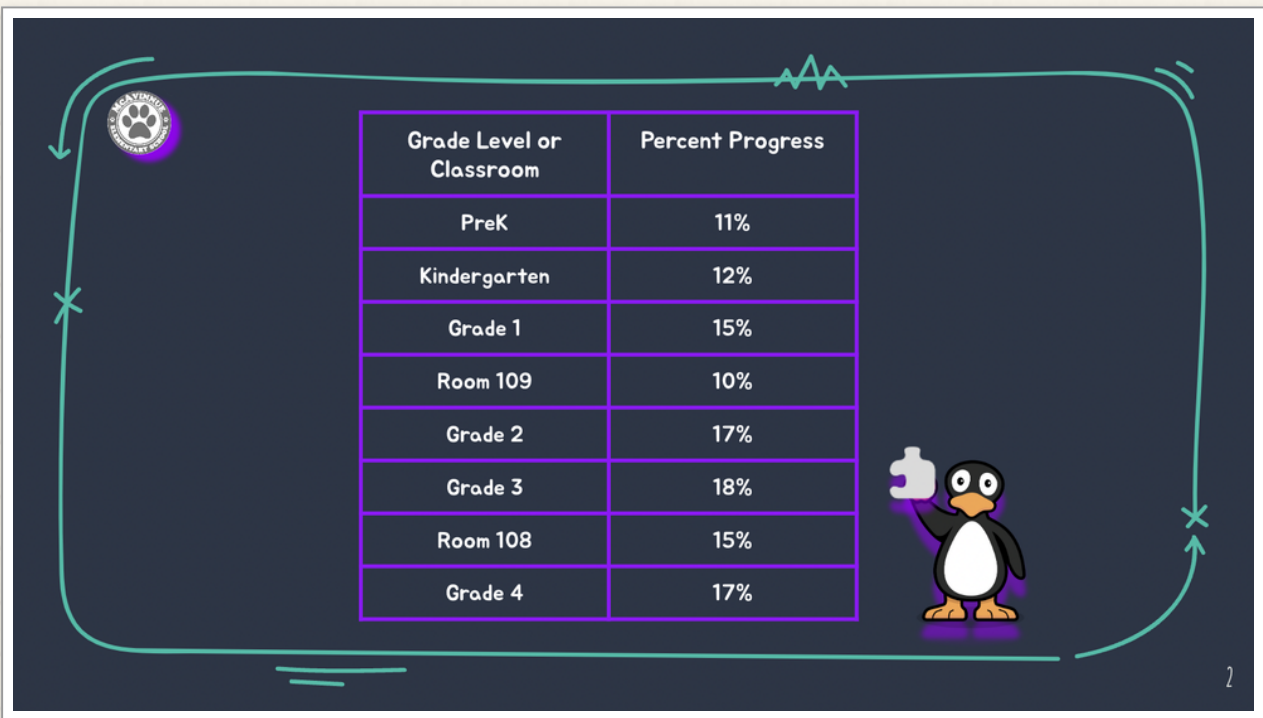
## puzzles



1







## ST MATH" STEM WEEK CHALLENGE" GOAL SETTING

**What can be part of our plan?**

- Think before you do!
- Use your Math tools!
- Believe in Yourself!
- When you get stuck,
  - Pause
  - Watch Jiji
  - Try
  - ask a friend
  - Ask your teacher
- Never Give Up!
- Be ready to learn!

Mrs. MC

**2025 ST Math Habits**

- use tools for math
- look for Jiji's clues
- take a deep breath and try again!
- if my answer is wrong, try something different!
- Use positive self talk.

**RM 204**

How often do I **THINK** before I click?

- I will look at the whole screen. What do I notice?
- I can use my whiteboard and my math tools. What can I draw or create?
- I can replay the level before.

**Room 303**

Monday

How often do I come up with a plan before I TRY?

**302's ST Math Goals**

- Think and Plan Before typing your answer
- Watch Jiji for Clues
- Use Tools to help
  - Whiteboard and Markers
  - Skip counting Chart
  - Multiplication Chart

**Room 301 area**

We will watch Jiji learn from our mistakes. We will watch him show us how to solve each puzzle correctly to see where we made mistake. *Grace Livia*

**ST Math**  
STEM Week Challenge at McAvinnue ES

## McAvinnue's Student Daily Attendance Policy

Please click the links below to access McAvinnue's Student Attendance Policy for the 2022-2023 academic school year. For your convenience, we have included the policy flyer in multiple languages.



If you have any questions, please don't hesitate to reach out directly.



Attendance English.pdf

Download

1.2 MB



Attendance Spanish.pdf

Download

1.7 MB



Attendance Portuguese.pdf

Download

1.8 MB

## Check Out McAvinnue's "Virtual" Morning Announcements!



Like we had successfully done last school year, a new edition of McAvinnue's "Virtual" Morning Announcements will be presented to our students on Monday, Wednesday, and Friday each week.

We will continue to use Tuesday and Thursday each week to be used for "Open Circle"....our Social Emotional Learning (SEL) program that focuses on community building, prosocial decision making, and appropriate responses to daily stressors both within the school and home settings.

This will continue to be a great way to bring our school together each day focusing on the same message to get the energy, commitment, and engage up before we launch into another great day at "the best school we all know".

You can check out each edition of McAvinnue's Morning Announcements on our YouTube channel using the link below.

[https://www.youtube.com/channel/UC7hxiBuRjqjgFASI\\_RLMleQ](https://www.youtube.com/channel/UC7hxiBuRjqjgFASI_RLMleQ)

If you want a peek of the latest edition of McAvinnue's "Virtual Morning Announcements", check out the video below!

McAvinnue's Morning Announcements 10.21.2022



## UPCOMING EVENTS



Here are important dates to remember for the month of October and early November:

- Monday, October 24th - McAvinnue Opens @ 9:10 AM
- Monday, October 24th - Picture Day At McAvinnue
- Thursday, October 27th - McAvinnue's "Trunk Or Treat" Family Night @ 5:00 PM - 6:30 PM
- Friday, October 28th - McAvinnue's "Lion's Pride" Core Value All School Meeting @ 9:30 AM - 10:15 AM
- Tuesday, November 8th - Election Day - No School
- Friday, November 11th - Veterans Day - No School
- Thursday, November 17th - Vision & Hearing Screenings

- Monday, November 21st - Wednesday, November 23rd - Vision & Hearing Screenings
- Wednesday, November 23rd - Early Dismissal @ 11:50 AM (Thanksgiving Break Begins)

We have once again partnered with O'Connor Studios for student pictures for the 2022-2023 academic school year. The first round of pictures will occur on Monday, October 24th. This will be for individual portraits only for those that are interested in making a purchase. Class pictures will occur for the second round of student pictures during the spring. Individual portraits will also be available at this time.

We sent the order form below home with your child this past week. This is needed along with payment if you are interested in purchasing a picture package for your child.

## McAvinnue's "Trunk Or Treat" Family Celebration

Please join us for McAvinnue's "Trunk Or Treat" Family Celebration!

On Thursday, October 27th from 5:00 PM - 6:30 PM, you can come to St. Rita's Church rear parking lot (directly across from McAvinnue), for some costume and candy fun!

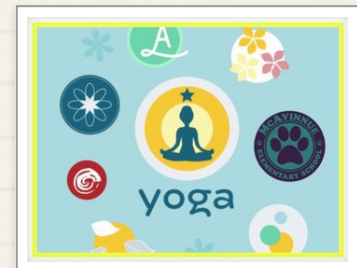
This event is free of charge! All you need to do is come by with your costume on, bring a bag for treats, and we will do the rest! You will have a chance to walk through a maze of cars that will each have a special treat for you!

We are super excited to bring this event back at McAvinnue! We hope that everyone makes the time to come by!

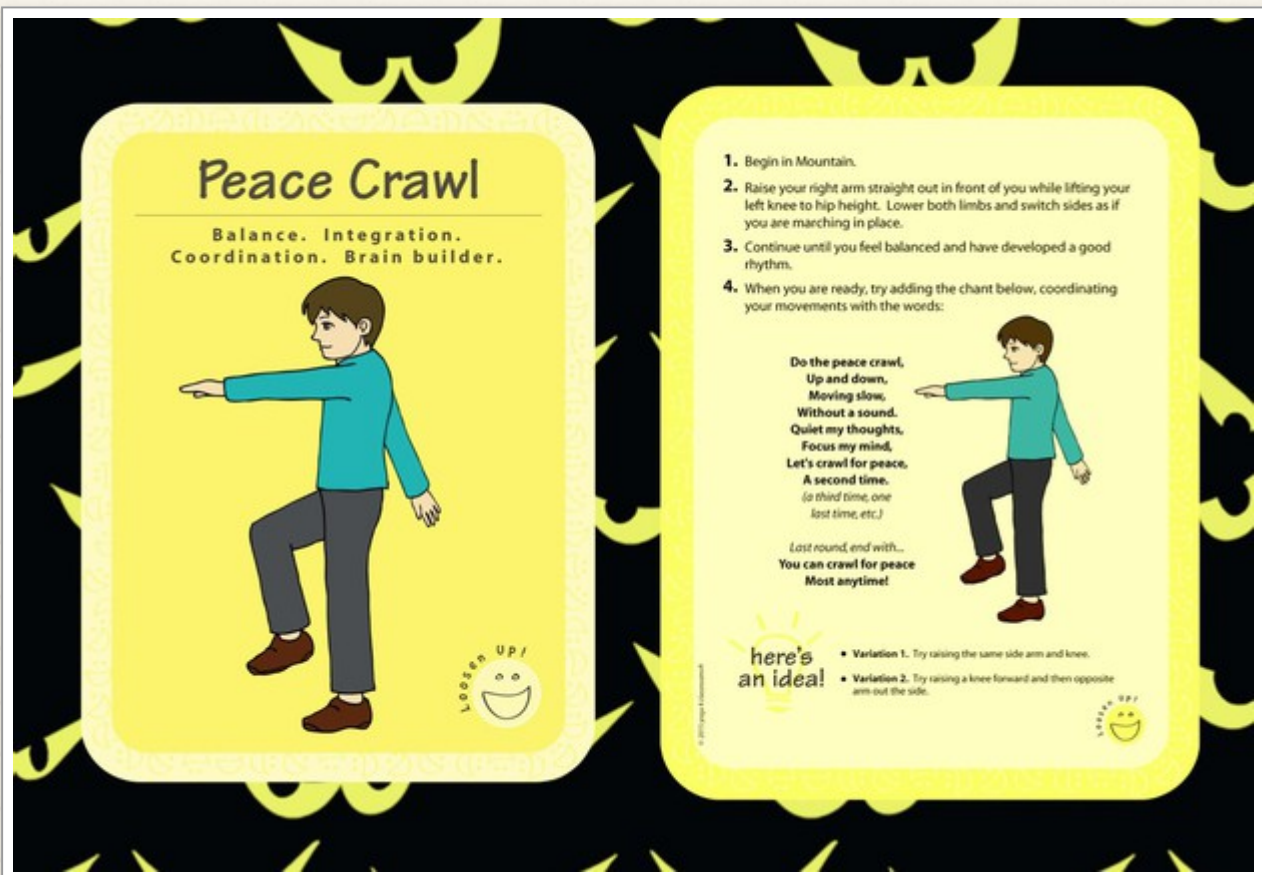


## McAvinnue's Yoga Pose Of The Week: "Peace Crawl"

We will try a new pose this week called the "Peace Crawl"! This new pose will allow us to improve our balance by integrating movements that will enhance coordination while building our brain development. We will practice the "Peace Crawl" pose daily during our "Virtual" Morning Announcements during this up and coming week on Monday, Wednesday, and Friday.



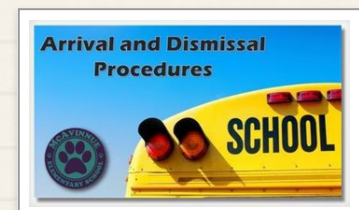
You can get an early head start and practice this technique before we launch into another exciting week!



## Drop-Off & Pick-Up Logistics

### Drop-Off Logistics

- Arrival begins at 9:10 AM each day. The late bell rings at 9:25 AM.
- Please pull up to the 4th Avenue side of the building when dropping off your child.
- As you approach the 4th Avenue sidewalk, a faculty member will greet and support getting your child safely out of the vehicle.
- This area is a drop off area ONLY. You will not be permitted to park in this location.
- Please be sure to drive all the way down to the end of the sidewalk so we can fit as many vehicles in this location as possible.
- Ensure your child is ready to go and do not get out of the car so we can keep traffic moving.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.
- Large bus students will enter using the back door located in the rear of the school building.
- Small bus and van transportation students will use the 4th Avenue door near the rear of the school building by the exit driveway.



### Morning Lining Up Locations

- Grade 1, 3, and 4 students will use the Main Door to enter the school building.
- Grade 2 will use the 4th Avenue doorway near the front of the school to enter the building.

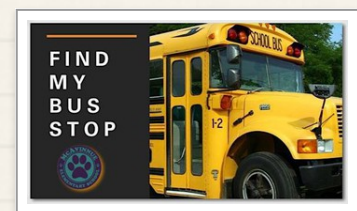
- PreK & Kindergarten will use the Early Childhood door to enter the building. This door is located to the right of McAvinnue's Reading Garden and to the left of the Main Door.

### **Pick-Up Logistics**

- Grade 1 will be dismissed out the Main Door.
- Grades 2, 3, and 4 will be dismissed out the 4th Avenue door near the front of the school.
- Kindergarten students will be dismissed out the Early Childhood door. This door is located to the right of McAvinnue's Reading Garden and to the left of the Main Door.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.
- PreK students will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway. Please contact Ms. Annie for the specific dismissal time.

## **School Bus Transportation Information**

School bus transportation is provided to students in grades K-4, who live greater than .75 mile from their residence or alternate address to their assigned school. Middle school students (grades 5-8) must live greater than 1.5 miles from their residence or alternate address to their assigned school.



Kindergarten through 4th grade students will receive a printed bus pass via postal mail. These passes were mailed out on August 24th. You can also look up your student's bus pass information by using their Student ID for the username and date of birth for the password at the link below. This is the same information that students use to log in to their Chromebooks for school.

Please note that Kindergarten and 1st grader students **must** have an older sibling (4th grade or older) or parent present at the bus stop in the afternoon in order to depart from the school bus. If a parent or older sibling is not present, the student will be brought to the Moody School, located at 158 Rogers Street. A driver's license or valid identification must be presented to the staff in order to dismiss the student.

You can use the LPSD "Bus Lookup Tool" using the link below. You will need to use you child's LASID or lunch number along with their birthdate to access this helpful system.

There also is a helpful video that you can watch that will walk you through the process.

**[Click Here For The LPSD "Bus Lookup Tool"](#)**

You will need to have your child's LASID or lunch number to access the most up to date bus information for your child. Please keep in mind that this number is also used to log into your child's borrowed device.

## Bus Pass Lookup Tutorial



## Need Info? FREQUENTLY ASKED QUESTIONS & ANSWERS



**How can I update my contact information (phone number/email/address)?**

- Go online to the Family Resource Webpage (<https://www.lowell.k12.ma.us/UpdateContactInfo>) and fill out the “contact us” form. Families who don’t have access to the internet can fill out the form in person at the Family Resource Center. If an address change is related to economic factors or housing instability (family moves in with relatives, eviction, hotel/motel, fire or unsheltered, please contact the McKinney Vento Office located at the Family Resource Center in person (151 Merrimack Street), by phone (978-674-4321) or go to the webpage at <https://www.lowell.k12.ma.us/HomelessAssistance>.

**How do I update my emergency contacts?**

- If you were in the school last year we will send a verification sheet out. if you are new we will send home an emergency form to fill out on the first day of school or use the online form found in this newsletter.

**What should I do if my child needs a Chromebook or if my child’s Chromebook needs repairs?**

- Families should contact their school to coordinate the issuing of a new Chromebook or to schedule repairs. After the school year begins, the district will resume its “tech tent” services and will inform families via email, text, and phone once the services resume.

**How do I register my child for the new school year?**



- All school registrations are completed online using a computer or laptop. You can access the online application by going to <https://www.lowell.k12.ma.us/SchoolRegistration>. If you only have a mobile device and don't have access to a computer or laptop, you can register in person at the Family Resource Center (151 Merrimack Street). Please call the Family Resource Center if you have any questions (978-674-4321).

### **What should I do if I need to register my child(ren) and I don't speak English?**

- The Lowell Public Schools is committed to providing translation and interpretation services for families who require assistance in a language other than English. The online registration application and website is translated in Spanish and Portuguese and can be accessed by going to <https://www.lowell.k12.ma.us/SchoolRegistration>. For all other languages, please call Vannak Khin at (978) 328-6782 to arrange services. In-person language interpretation support for registration can be accessed by visiting the Lowell Public Schools at 151 Merrimack Street. Families can also call the Family Resource Center at (978) 674-4321 to make an appointment with a Bilingual Family Liaison.

### **How old does my child need to be to enroll in preschool or kindergarten?**

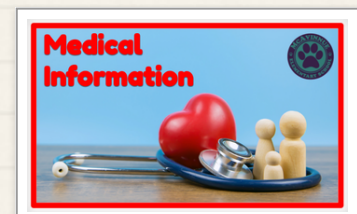
- A child must turn 4 years old on or before September 1, 2021, in order to apply for preschool and 5 by September 1 to apply for kindergarten. A family can apply for preschool by going to <https://www.lowell.k12.ma.us/PreschoolRegistration> to fill out an online application or <https://www.lowell.k12.ma.us/KindergartenRegistration> for kindergarten. For registration questions, please call (978) 674-4321.

### **How do I apply for a transfer for my child to change schools in the new year?**

- Per the 2021-22 School Assignment Policy, all students have the option to request one school transfer per year. Families can apply online by going to <https://www.lowell.k12.ma.us/SchoolTransfer> or can come to the Family Resource Center in-person to complete the application. Transfers are assigned on a space availability basis.

## **Medical Information Reminder**

Any students who have emergency medications (Epi-Pens, inhalers, etc.) or who will receive medication in school must have a medication order from the prescribing physician AND a completed consent form from the City Health Department.



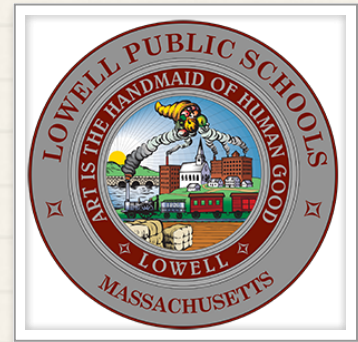
Forms and medication can be dropped off to Nurse Robin any time during the school day. However, it's ideal to drop things off between 9:10 AM - 9:30 AM each day.

Nurse Robin cannot administer ANY medications without a physician's order, including over-the-counter medications. Please make sure that the school nurse is provided refills in advance

If you have any questions, please reach out to Nurse Robin directly,

## Lowell Public Schools COVID Guidelines Update

Please see the message that was recently sent out regarding the latest COVID-19 guidance for this school year.



*"Dear Lowell Public Schools Families,*

*We are looking forward to welcoming you all back to school on August 31st (Sept 7th for PreK and Kindergarteners) for the start of the 2022-2023 school year!*

*We would like to take this time to share the latest COVID-19 guidelines and policies:*

- *There will be no more in-school testing or contract tracing and schools will be distributing one last at-home testing kit, which will expire Sept. 29.*
- *Masks are not required (except for in the school nurse's office), but staff and students who wish to wear a mask may do so.*
- *Students and staff who do have a positive case of COVID-19 must stay out of school for a minimum of five days, but may return if symptoms improve on days 6-10 if they wear a high-quality mask.*

*The Centers for Disease Control's latest COVID-19 guidance can be found here:*

*<https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html>*

*We ask that you continue to stress good hygiene habits to your children, such as thorough hand washing and coughing into their elbows when they cough, and ask them not to share cups or water bottles with friends.*

*We strongly encourage all who are able to do so to receive the COVID-19 vaccine and subsequent boosters. We are thankful to our partners at the Massachusetts Department of Public Health, who provided vaccinations at our Back-to-School Block Party, which was attended by more than 3,000 people. To find a location to receive a vaccine or booster, as well as additional information about the vaccine, visit: <https://www.lowellma.gov/1523/COVID-19-Vaccine>"*

**2022-2023 SCHOOL YEAR CALENDAR**

Superintendent of Schools-Lowell Public Schools- Lowell, MA  
2022-2023 School Year Calendar

Monday, August 29, 2022	Staff Return to School for Staff Orientation Day
Tuesday, August 30, 2022	Staff Professional Development Day at School Site
Wednesday, August 31, 2022	First Day of School - Grades 1-12
Friday, September 2, 2022	No School - Labor Day Recess
Monday, September 5, 2022 *	No School - Labor Day
Tuesday, September 6, 2022	No School for Students - Primary Election - Professional Day for Staff
Wednesday, September 7, 2022	First Day of School - Pre-Kindergarten & Kindergarten
Monday, October 10, 2022 *	No School - Indigenous Peoples' Day
Tuesday, November 8, 2022	No School for Students - Election Day - Professional Day for Staff
Friday, November 11, 2022 *	No School - Veterans' Day Observed
Wednesday, November 23, 2022	Early Dismissal - Thanksgiving Recess
Thursday, November 24, 2022 *	No School - Thanksgiving Day
Friday, November 25, 2022 *	No School - Thanksgiving Recess
Monday, November 28, 2022	Schools Re-Open
Friday, December 23, 2022	Holiday Vacation Begins at the Close of Day
Saturday, December 24, 2022 *	Christmas Eve [Holiday Vacation: Saturday, December 24 - Sunday, January 1, 2023]
Sunday, December 25, 2022	Christmas Day
Monday, December 26, 2022 *	Central Office and Family Resource Office Closed
Friday, December 30, 2022 *	New Year's Eve
Sunday, January 1, 2023	New Year's Day
Monday, January 2, 2023 *	Central Office and Family Resource Office Closed
Tuesday, January 3, 2023	Schools Re-Open
Wednesday, January 11, 2023	Wednesday - Early Release for grades PreK-12
Monday, January 16, 2023 *	No School - Martin Luther King, Jr. Day
Friday, February 17, 2023	Mid-Winter Vacation Begins at the Close of School
Monday, February 20, 2023 *	President's Day [School Vacation: Monday, February 20 - Friday, February 24, 2023]
Monday, February 27, 2023	Monday - Schools Re-Open
Wednesday, March 8, 2023	Wednesday - Early Release for grades PreK-12
Friday, April 7, 2023 *	No School - Good Friday
Friday, April 14, 2023	Spring Vacation Begins at the Close of School
Monday, April 17, 2023 *	Patriot's Day - [School Vacation: Monday, April 17 - Friday, April 21, 2023]
Monday, April 24, 2023	Schools Re-Open
Monday, May 29, 2023 *	No School - Memorial Day
Thursday, June 15, 2023	180 <sup>th</sup> School Day
Monday, June 19, 2023 *	Juneteenth
Friday, June 23, 2023	185 <sup>th</sup> School Day [Includes five (5) Snow Days]



Approved by the Lowell School Committee at their meeting of May 4, 2022

\* Central Administration, Family Resource Center will be closed in observance of a holiday

Number of School Days Per Month	
August	1
September	19
October	20
November	18
December	17
January	20
February	15
March	23
April	14
May	22
June	11

[Click To Access The 2022-2023 School Calendar](#)

OCTOBER BREAKFAST & LUNCH MENUS



# Breakfast

# MENU

## October Elementary Breakfast Menu

Check out <https://lowellk12ma.nutrislice.com/> for Menu's, Nutrition Education & Monthly Promotions! Questions or concerns please contact [foodservices@lowell.k12.ma.us](mailto:foodservices@lowell.k12.ma.us)

**All Breakfast items are whole grain. Offered Daily: 1 % and Skim Milk and Fresh Fruit All Breakfast is provided free for all students. Menu is subject to change.**




<b>3</b> Warm Pumpkin Bread Oatmeal Raisin Round Served with Apple and Milk	<b>4</b> Double Chocolate Chip Muffin Benefit Bar Served with Apple and Milk	<b>5</b> Sausage, Egg and Cheese Bagel Sandwich Assorted Cereal Bowl with Graham Cracker Served with Apple and Milk	<b>6</b> Blueberry Waffle with Maple Syrup Nature Valley Oatmeal Round Served with Orange and Milk	<b>7</b> Bagel with Cream Cheese Assorted Cereal Bar with Graham Cracker Served with Banana and Milk	<b>10</b> <b>Indigenous Peoples' Day</b> <b>NO SCHOOL</b>
<b>17</b> Breakfast Cheese Pizza Bagel Cranberry, Orange Oatmeal Round Served with Apple and Milk	<b>11</b> Double Chocolate Chip Muffin Benefit Bar Served with Orange and Milk	<b>12</b> Sausage, Egg and Cheese Bagel Sandwich Assorted Cereal Bowl with Graham Cracker Served with Orange and Milk	<b>13</b> Blueberry Waffle with Maple Syrup Nature Valley Oatmeal Round Served with Juice, Pear and Milk	<b>14</b> Bagel with Cream Cheese Assorted Cereal Bar with Graham Cracker Served with Banana and Milk	<b>19</b> <b>HOTM: Cinnamon Pear Parfait</b> Assorted Cereal Bowl with Graham Cracker Served with Juice, Pear and Milk
<b>24</b> Warm Banana Bread Oatmeal Raisin Round Served with Orange and Milk	<b>18</b> Blueberry Muffin Benefit Bar Served with Orange and Milk	<b>25</b> Double Chocolate Chip Muffin Benefit Bar Served with Juice, Pear and Milk	<b>20</b> Blueberry Waffle with Maple Syrup Nature Valley Oatmeal Round Served with Banana and Milk	<b>21</b> Bagel with Cream Cheese Assorted Cereal Bar with Graham Cracker Served with Apple and Milk	<b>26</b> Bacon, Egg and Cheese Bagel Sandwich Assorted Cereal Bowl with Graham Cracker Served with Banana and Milk
<b>31</b> Breakfast Sausage Pizza Bagel Cranberry, Orange Oatmeal Round Served with Juice, Pear	<b>27</b> Blueberry Waffle with Maple Syrup Nature Valley Oatmeal Round Served with Apple and Milk	<b>28</b> Bagel with Cream Cheese Assorted Cereal Bar with Graham Cracker Served with Orange and Milk			

# OCTOBER 2022 ELEMENTARY LUNCH MENU

**Breakfast and Lunch is Free for all Students!**  
**Our menu consists of Whole Grains, Fresh Fruits and Vegetables.**  
**Students must take a fruit and/or vegetable with each lunch.**  
 All Meals served with milk.  
 Sunbutter and Jelly and Vegetarian Meals served daily.

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
-Chicken Pot Pie with Biscuit -Hamburger & Cheeseburger -Black Bean Burger V -Chicken Caesar Salad with Flatbread LG -Turkey and Cheese Sandwich -Broccoli & Carrots Apples & Pears	-Arroz con Pollo with Rice -Fish Po' Boy Sandwich with Coleslaw -Hummus Platter V -Honey Mustard Chicken Wrap -Kickin Beans & Broccoli Clementines & Apples	-Buffalo Chicken Mac & Cheese -Mac and Cheese V -Crispy Chicken Sandwich & Spicy Crispy Chicken Sandwich -Chef Salad with Flatbread LG -Turkey & Cheese Sandwich -Cucumber & Carrots Bananas & Apples	-General Tso's Popcorn Chicken with Fried Rice -General Tso's Tofu Steak with Rice V -Pizza Cruncher V -Hummus Platter V -Honey Mustard Chicken Wrap -Green Beans & Carrots Pears & Fresh Fruit Cup	-Cheese Pizza V -Hawaiian Pizza Chicken Caesar Salad with Flatbread LG -Turkey and Cheese Sandwich Red Pepper Strips & Side Salad Apples & Bananas
<b>10</b> <b>INDIGENOUS PEOPLE'S DAY NO SCHOOL</b>	-Beef Taco with 6" Tortilla Wrap -Kickin Bean Taco with 6" Tortilla Wrap V -Crispy Chicken Sandwich & Spicy Crispy Chicken Sandwich -Yogurt & Fruit Power Pack V -Greek Chicken Wrap -Kickin Beans & Broccoli Oranges & Apples	-Chicken Parm with Penne -Pizza Crunchers V -Greek Salad with Flatbread LG V -Chicken Salad Sandwich on a Bulkie Roll -Cucumber & Carrots Bananas & Apples	-Szechuan Chicken with Rice -Szechuan Tofu with Rice V -Yogurt & Fruit Power Pack V -Greek Chicken Wrap -Green Beans & Carrots Pears & Fresh Fruit Cup	-Cheese Pizza V -Pepperoni Pizza -Greek Salad with Flatbread LG V -Chicken Salad Sandwich on a Bulkie Roll -Red Pepper Strips & Side Salad Apples & Bananas
-Loaded Baked Potato and Corn Muffin -Broccoli Cheddar Loaded Baked Potato and Dinner Roll V -Chicken Ranch Salad with Flatbread LG -Ham & Cheese Sandwich -Broccoli & Carrots Apples and Pears	-Chicken Camaritas Taco with 6" Tortilla Wrap -Crispy Chicken Sandwich & Spicy Crispy Chicken Sandwich -Pizza Platter V -Chicken Caesar Wrap -Kickin Beans & Broccoli Clementines & Apples	-Shepherd's Pie with Dinner Roll -Fish and "Chips" with Coleslaw, Dinner Roll and Tartar Sauce -Vegetarian Nuggets and "Chips" with Coleslaw, Dinner Roll V -Chef Salad with Flatbread LG V -Ham & Cheese Sandwich -Cucumber & Carrots Bananas & Apples	-General Tso Chicken with Fried Rice -General Tso's Tofu Steak with Fried Rice V -Chicken Parm Sub -Pizza Platter V -Chicken Caesar Wrap -Green Beans & Carrots Pears & Fresh Fruit Cup	-Cheese Pizza V -BBQ Chicken Pizza -Chicken Ranch Salad with Flatbread LG -Ham & Cheese Sandwich -Red Pepper Strips & Side Salad Apples & Bananas
-Chicken & Waffle with Maple Gravy -Pizza Crunchers V -Cobb Salad with Flatbread LG -Tuna Salad Sandwich on a Bulkie Roll -Maple Carrots & Green Beans Apples & Pears	-Tater Tot Beef Nacho (Totchos) -Tater Tot Black Bean Nacho V Black Bean Burger V -Hamburger & Cheeseburger -Pretzel Power Pack V -Turkey Bahn Mi Sandwich -Kickin Beans & Broccoli Oranges & Apples	-Lok Lak with Rice -Chicken Tenders with a Dinner Roll -Mediterranean Hummus Salad with Flatbread LG V -Tuna Salad Sandwich on a Bulkie Roll -Cucumbers & Carrots Bananas & Apples	-Chicken Tikka Masala with -Chana Masala with Tzatziki Sauce and Tomato Cucumber Salad -Crispy Chicken Sandwich & Spicy Crispy Chicken Sandwich -Pretzel Power Pack V -Turkey Bahn Mi Sandwich -Green Beans & Carrots Pears & Fresh Fruit Cup	-Cheese Pizza V -Buffalo Chicken Pizza -Cobb Salad with Flatbread LG -Tuna Salad Sandwich on a Bulkie Roll -Red Pepper Strips & Side Salad Apples & Bananas
-Country Chicken Bowl with Corn Muffin -Country Vegetarian Nugget Bowl with Flatbread LG V -Chicken Parm Sub -Mediterranean Hummus Salad with Flatbread LG V -Italian Sub -Carrots & Green Beans Apples & Peaches				



Elementary Oct Breakfast Menu 22.23.pdf

[Download](#)

605.5 KB



Elementary Oct Lunch Menu 22.23 Final.pdf

[Download](#)

438.4 KB

## PARENT & FAMILY RESOURCES

# MONSTERBASH

## AND HALLOWEEN STROLL

1 PM to 3PM Lowell City Hall - Haunted House

12 PM to 3 Trick-Or-Treat in Downtown Lowell

Don't forget to bring a treat bag!

**THIS IS A FREE FAMILY EVENT!**

**SATURDAY, OCTOBER 29, 2022 - 12 PM TO 3 PM**





## 2022 Trick-or-Treat Locations

- |  |  |   |
|--|--|---|
| <p>1 <b>Cobblestones</b><br/>91 Dutton Street</p> <p>2 <b>Worthen House Cafe</b><br/>141 Worthen Street</p> <p>3 <b>Nibbana Cafe</b><br/>12 Cardinal Oconnell Pkwy</p> <p>4 <b>Gormely's Cafe</b><br/>343 Market Street</p> <p>5 <b>NPS Visitor Center</b><br/>246 Market Street</p> <p>6 <b>Lala Books</b><br/>189 Market Street</p> <p>7 <b>Gallery Z</b><br/>167 Market Street</p> <p>8 <b>Fuse Bistro</b><br/>45 Palmer Street</p> | <p>9 <b>Blue Shamrock</b><br/>105 Market Street</p> <p>10 <b>Community Teamwork, Inc.</b><br/>155 Merrimack Street</p> <p>11 <b>Little Delights Bakery</b><br/>138 Merrimack Street</p> <p>12 <b>Time Out Café and Eatery</b><br/>72 Merrimack Street</p> <p>13 <b>EYEFUL Beauty</b><br/>33 Middle Street</p> <p>14 <b>Brew'd Awakening</b><br/>61 Market Street</p> <p>15 <b>The Social Pup</b><br/>34 Jackson Street</p> | <p>16 <b>Mill No. 5</b><br/>250 Jackson Street, 4th floor<br/>Lowell Book Company (Mill No. 5)<br/>Pop Cultured (Mill No. 5)<br/>Over The Spoon (Mill No. 5)<br/>One Urban Tribe (Mill No. 5)<br/>Drift Knitwear (Mill No. 5)<br/>Victory Garden (Mill No. 5)<br/>Sweet Pig Press (Mill No. 5)<br/>Red Antler Apothecary (Mill No.5)<br/>Sutra Studio (Mill No. 5, 5th floor)<br/>Curation 250 (Mill No.5, 5th floor)</p> |
|--|--|---|

LOWELLMA.GOV

#LOWELL

MONDAY, OCTOBER 31ST

TRICK-OR-TREAT HOURS

6:00-8:00PM



## Emergency Contact Form: 2022-2023

Get a jump start now and complete your emergency contact form for the 2022-2023 academic school year?



We have made it really easy for you to complete this important task. You can access the online form below. When you complete this form, it is immediately sent to McAvinnue and we will print it out for our records.

You don't need to come to the school to complete this form...you can do it right on your phone, tablet, or computer!

If you have any questions, please reach out to Mrs. De La Luz at [adelaluz@lowell.k12.ma.us](mailto:adelaluz@lowell.k12.ma.us) or contact the Main Office at McAvinnue for support!





Joseph A. McAvinue School



# Emergency Form

## Formulario de Emergencia

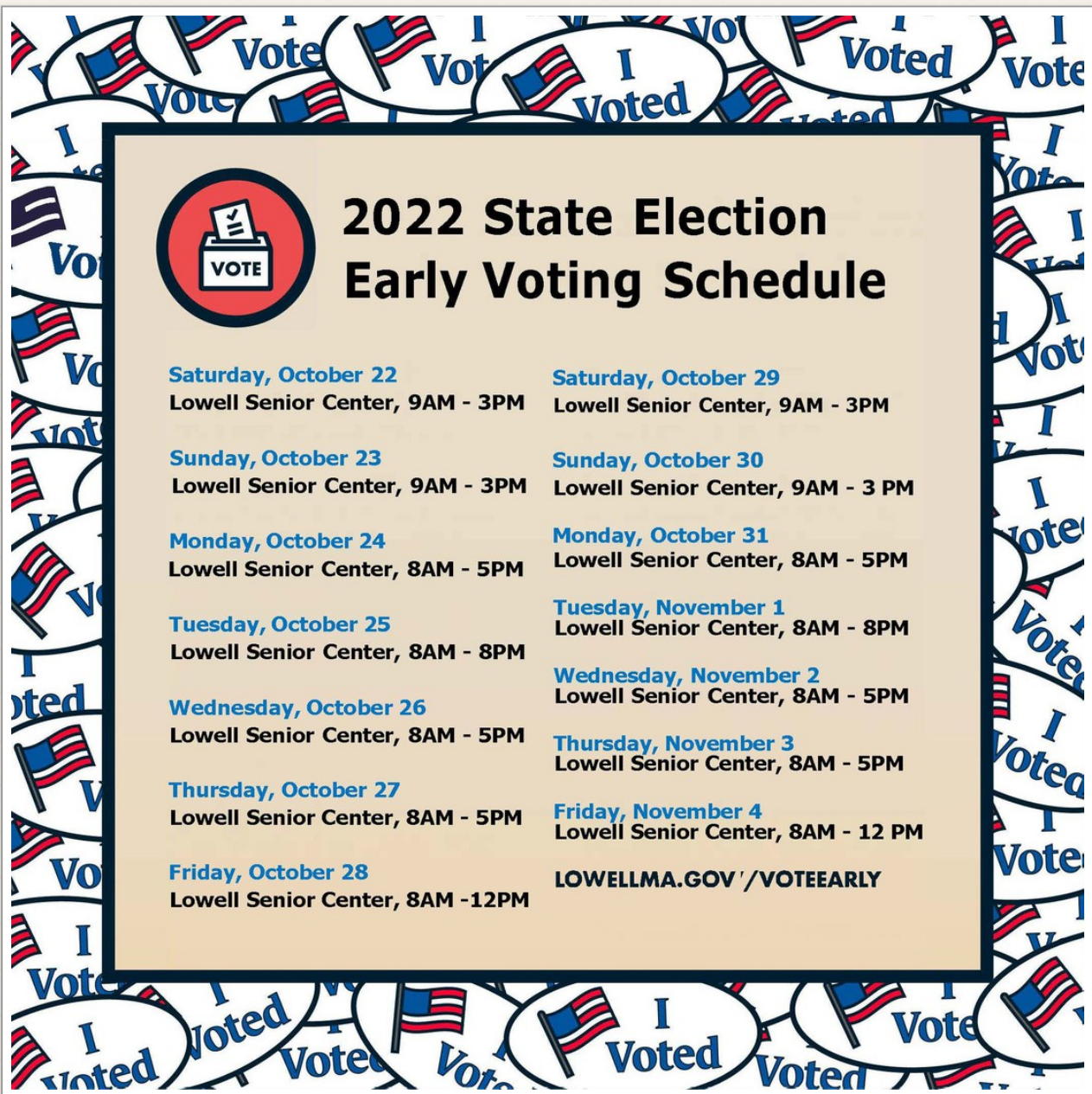
## Formulário de Emergência 2022-2023

[Sign in to Google](#) to save your progress. [Learn more](#)





## 2022 State Election Early Voting Schedule



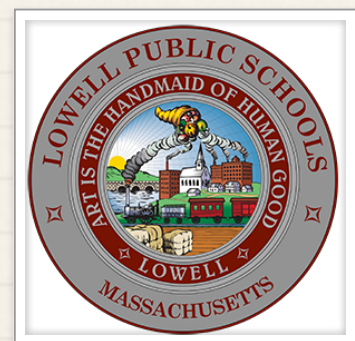
The poster features a central beige box with a black border, set against a background of repeating "I Voted" speech bubbles with American flags. At the top left of the beige box is a red circle containing a white ballot box icon with the word "VOTE" on it.

## 2022 State Election Early Voting Schedule

<p><b>Saturday, October 22</b> Lowell Senior Center, 9AM - 3PM</p> <p><b>Sunday, October 23</b> Lowell Senior Center, 9AM - 3PM</p> <p><b>Monday, October 24</b> Lowell Senior Center, 8AM - 5PM</p> <p><b>Tuesday, October 25</b> Lowell Senior Center, 8AM - 8PM</p> <p><b>Wednesday, October 26</b> Lowell Senior Center, 8AM - 5PM</p> <p><b>Thursday, October 27</b> Lowell Senior Center, 8AM - 5PM</p> <p><b>Friday, October 28</b> Lowell Senior Center, 8AM - 12PM</p>	<p><b>Saturday, October 29</b> Lowell Senior Center, 9AM - 3PM</p> <p><b>Sunday, October 30</b> Lowell Senior Center, 9AM - 3PM</p> <p><b>Monday, October 31</b> Lowell Senior Center, 8AM - 5PM</p> <p><b>Tuesday, November 1</b> Lowell Senior Center, 8AM - 8PM</p> <p><b>Wednesday, November 2</b> Lowell Senior Center, 8AM - 5PM</p> <p><b>Thursday, November 3</b> Lowell Senior Center, 8AM - 5PM</p> <p><b>Friday, November 4</b> Lowell Senior Center, 8AM - 12 PM</p> <p style="text-align: center;"><b>LOWELLMMA.GOV' /VOTEEARLY</b></p>
---	--

## Latino Parent Conference – Saturday, October 22nd

The 6th Annual Latino Parent Conference is right around the corner! Join us on Saturday Oct. 22nd at Lowell High School's McDonough Freshman Academy for a series of helpful workshops to assist you in being a partner in your children's education.



Breakfast and lunch will be served and childcare will be provided. To register, visit:

<https://docs.google.com/.../1FAIpQLSeXZO2BufDFti.../viewform>

SATURDAY

OCTOBER  
**22**

**Well-being & Education**  
**Bienestar y Educación**



## **LATINO PARENT CONFERENCE 2022**

**Freshman Academy Theater**  
**9:30 AM to 2:00 PM**

Babysitting will be provided  
Light Breakfast will be offered  
Lunch will be served

Speakers: Dr. Damian & Mrs. Amparo Folch  
Several Workshops will be offered

**FOR MORE INFORMATION:**

Ms. Darmery Montoya (978) 937-8911 / Dr. Vejar (978) 857-2793

### **The Sun Santa Is Back!**

The "Sun Santa" is pleased to again work with Community Teamwork, Inc., and The Salvation Army to help area families in need during the holidays. All interviews for assistance from The Sun Santa Fund will be conducted by these agencies. Due to COVID-19 concerns, applications will be ONLINE ONLY, no in-person application sessions.



Starts Monday, Oct. 3rd, and runs until the agency's Angel Tree Assistance Program reaches capacity.

Required information:

- Birth certificates for EACH child under age 16\*
- Photo ID for Parent/Guardian
- Proof of Address
- A valid email address to confirm follow-up appointments
- Guardianship papers to be uploaded under Birth Certificate tab

Website link: [www.saangeltree.org](http://www.saangeltree.org)

Questions/Assistance:

Dianne James, 978-458-3396; [dianne.james@use.salvationarmy.org](mailto:dianne.james@use.salvationarmy.org)

**Due to COVID-19: Applications will be ONLINE ONLY**

**2022 Application Guidelines:**

**The Sun Santa Fund**

Sun Santa is pleased to again work with **Community Teamwork, Inc.**, and **The Salvation Army** to help area families in need during the holidays. All interviews for assistance from The Sun Santa Fund will be conducted by these agencies. Due to COVID-19 concerns, applications will be **ONLINE ONLY**, no in-person application sessions.

*Please note each agency's documentation policy.*

\*\*\*

**The Salvation Army**

Starts **Monday, Oct. 3**, and runs until the agency's Angel Tree Assistance Program reaches capacity. Serving Lowell, Billerica, No. Billerica Chelmsford, No. Chelmsford, Dracut, Dunstable, Tewksbury, Tyngsboro and Westford. Please: **NO REQUESTS** for bikes, computers, video game systems, etc. Applications will not be considered complete until all documentation has been uploaded. Appointments will be scheduled after applications are complete.

**Required information:**

- Birth certificates for EACH child under age 16\*
- Photo ID for Parent/Guardian
- Proof of Address
- A valid email address to confirm follow-up appointments

\* Guardianship papers to be uploaded under Birth Certificate tab

**Website link:** [www.saangeltree.org](http://www.saangeltree.org)  
**Questions/Assistance:**  
Dianne James, 978-458-3396; [dianne.james@use.salvationarmy.org](mailto:dianne.james@use.salvationarmy.org)

\*\*\*

**Community Teamwork**

**Tuesday, Nov. 1 through Tuesday, Nov. 8.**

**Required information:**

- Full names and dates of birth for EACH child under age 16 required
- Applicants will self-certify their information
- Due to COVID-19, no hard copy/uploaded documents will be required.


**Website link:** <https://bit.ly/3nNgsE4>  
**Questions/Assistance:**  
Christine DeFeo, [cdefeo@commteam.org](mailto:cdefeo@commteam.org)



\*\*\*

Only one person for each family may apply. **Any family applying through more than one agency will not be eligible.** Toy vouchers are available for eligible children through age 16.

**To donate to The Sun Santa Fund:**  
[www.lowellsun.com/sunsanta](http://www.lowellsun.com/sunsanta)  
By mail: The Sun Santa Fund, PO Box 2439, Lowell, MA 01851

Ad space donated by The Lowell Sun, a division of Media News Corp.



## Thanksgiving & Christmas Support From The Salvation Army

The Salvation Army is opening up its sign-ups for its "Angel Tree Project" earlier than usual this year. Applications will open on October 3rd and remain open only until capacity has been reached.



See the attached flyer for all of the eligibility and documentation requirements in order to qualify for support.

For more information contact Dianne James at 978-458-3396 or through email at [Dianne.James@use.salvationarmy.org](mailto:Dianne.James@use.salvationarmy.org)

[Click Here For The Application](#)

Open Available October 3rd

**The Salvation Army Lowell**

**THANKSGIVING & CHRISTMAS ASSISTANCE 2022**

Application Open Oct. 3, 2022  
[WWW.SAANGELTREE.ORG](http://WWW.SAANGELTREE.ORG)  
or use the QR code below code  
Limited capacity

**REQUIRED DOCUMENTS**

- Birth certificates for all children ages 16 and under
- Photo ID for Parent or guardian
- Proof of Address
- Valid email address is required so we can make your appointment etc.

**PLEASE NOTE**

- Application NOT complete until ALL DOCUMENTS have been received
- Families of 2 or more may apply
- You may only apply to one agency
- Please: NO requests for Bikes, Computer, video game systems etc.

**SERVING THE FOLLOWING COMMUNITIES**

- Lowell
- Billerica,
- N Billerica
- Chelmsford,
- N Chelmsford
- Dracut
- Dunstable
- Tewksbury
- Tyngsborough
- Westford

**DOCUMENTOS REQUERIDOS**

- Certificados de nacimiento para todos los niños menores de 16 años ( Los documentos de envío del guardián se cargarán en la pestaña del certificado de Nacimiento)
- Identificación con foto para padre/tutor
- Comprobante de domicilio
- Se requiere una dirección de correo electrónico válida para que podamos comunicar citas, etc.

**TENGA EN CUENTA**

- Solicitud NO completa hasta que se hayan recibido TODOS LOS DOCUMENTOS
- Las familias de 2 o más pueden aplicar
- Solo puede aplicar a una agencia
- Por favor: NO solicite bicicletas, computadoras, sistemas de videojuegos, etc.

**AL SERVICIO DE LAS SIGUIENTES COMUNIDADES**

- Lowell
- Billerica,
- N Billerica
- Chelmsford,
- N Chelmsford
- Dracut
- Dunstable
- Tewksbury
- Tyngsborough
- Westford

[Dianne.James@use.salvationarmy.org](mailto:Dianne.James@use.salvationarmy.org)  
or call 978-458-3396 with questions

## Community Resources & Daycare Options for Families

Looking for before or after school daycare options for your child? Here is a short list of options and information for your consideration.

Here is a list of daycare options in Lowell:

- **Community Team Work (CTI)** (978) 454-5100
  - Families who are already enrolled in a CTI program...
  - Call or text school-age coordinators to request a slot
  - Billy 978-995-0028, [wma@commteam.org](mailto:wma@commteam.org)

- Karen 978-729-7216, [kshannon@commteam.org](mailto:kshannon@commteam.org)
- Families who are not enrolled in a CTI program
  - If you've filled out a CTI application in the past...
    - Contact Karen (978) 729-7216, [kshannon@commteam.org](mailto:kshannon@commteam.org) to see if where you are on the waitlist (if there is a waitlist)
  - If you've never filled out a CTI application...
    - Fill out an application at 17 Kirk St., 126 Phoenix Ave
    - Or call the main CTI number (978) 454-5100 to request an email version of the application.
- **YMCA:** (978) 454-7825; 1 YMCA Dr in Lowell
  - Karen Espinola is the school-age director
    - Fill out a application online or at the YMCA to request a slot
  - Debbie Doben is the preschool director if your child is preschool age
- **Family Childcare:** Call programs to see if they have openings near you
  - Bethel Family Childcare (978) 458-6577
  - Clarendon Family Childcare (978) 454-3026
  - Child Development and Learning (CDE) (978) 275-2843
  - ACRE Family Childcare (978) 937-5899
  - CTI: See above contact information
- **Girls Inc:** (978) 458-6529, 220; Worthen St. in Lowell
  - Accept girls ages 5-14 years old
  - Accept Child Care Circuit vouchers, DCF vouchers, and private pay (income-based, sliding scale)
  - Call Pam Lerocque (Director of Finance & Administration) to check on openings
- **Boys and Girls Club:** (978) 458-4526; 657 Middlesex St in Lowell
  - School-age openings for after-school
  - Teens who are working with the Department of Children and Families can call BGC or DCF to see if they're eligible

## Local Food Support

Do you need support with food options for your family. No need to worry...there are many local groups that can offer support for you during your time of need.

Click the link below for a list of local food pantries that are willing to help.

You can also reach out to Mrs. De La Luz, McAvinnue's Social Worker, for support navigating these and other options.





Greater-Lowell-Area-Pantry-List 8-27-20 (1).xlsx

Download

15.3 KB

## MCAVINNUE'S FAMILY READ-A-LOUD

### "THE GOOD, THE BAD, AND THE SPOOKY"

THE GOOD, THE BAD, AND THE SPOOKY read aloud - A Kids Halloween Story read along | Kids picture book



### McAvinnue's School Website

Check out our school website where you can find a wealth of information including school news, calendars, and other events.

Please visit our website at:

<https://www.lowell.k12.ma.us/mcavinnue>



### Follow McAvinnue On Social Media

You can follow McAvinnue on social media at the following sites! We update things daily and this is a great way to stay in touch with all of the amazing things that are happening inside and out of "the best school we all know"!



FaceBook:



<https://www.facebook.com/McAvinnueElementarySchool>

Twitter:

<https://twitter.com/McAvinnueLPS>

Instagram:

<http://instagram.com/mcavinnueelementarylps>

YouTube:

[https://www.youtube.com/channel/UC7hxiBuRjqjgFASI\\_RLMleQ](https://www.youtube.com/channel/UC7hxiBuRjqjgFASI_RLMleQ)



## Our Vision

 Facebook  @McAvinnueLPS

McAvinnue Elementary School is a place...where there are **high expectations**, where students are **academically engaged**, where instruction is guided by a **systematic approach to examine data**, where there is a **multi-tiered system of support**, and where a responsive environment that fosters **social emotional connections** between faculty and students prevails.

**#McAvinnuePride #BeTheDifference #NextLevel**

 131 Mammoth Road, Lowell, M...

 mdomina@lowell.k12.ma.us

 (978) 937-2871

 lowell.k12.ma.us/Domain/21



